



@tsuthemeter

February 11, 2016

# THE METER

Serving the Tennessee State University and Nashville Community Since 1950

NASHVILLE, TENN

WWW.TSUTHEMETER.COM

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Tennessee State University's Aristocrat of Bands represents at the 2016 Honda Battle of the Bands.  
See more photos on page 5. Photo by Honda Battle of the Band

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## OPINION/EDITORIAL

## SHOWING BLACK LOVE



**ASHLEY PARMER**  
Editor in Chief

February is all about love and black history. As students at an HBCU, we are immersed in black history and the legacies of Black excellence. But how much do we promote our peers by showing love?

Often, we are consumed in the trials that African Americans face. We scorn the news and those who are "anti-black." But do we uplift our brothers and sisters and show pro-black love?

The fight to be treated as valued citizens of America continues today as much as it did in the past. But we need to spread black love and encouragement throughout the fight.

And it starts with loving who you are and accepting your uniqueness and your culture. We are all different and share many talents, but sometimes, we do not recognize them. Once you have conquered self-love, begin to love your brother and your sister in your TSU family.

We spend more time in disagreement with each other than agreement. We cannot move forward as a people if we don't encourage and support one another. The talents you have can join with their talents, and together we can be a powerful force to be reckoned with! This is how Black excellence comes about.

So begin this month by showing love to everyone you see. And begin to uplift each other instead of tear each other down. Together we can combat injustice with love and Black excellence.

Let's continue the legacy!

## Women's Center Has New Location

By Leona Dunn  
Meter Staff Writer

The women's center has relocated to the second floor of the Floyd Payne Campus Center room 218, but that's not the only move they will be making this semester. Dedicated to creating programs to help women succeed in their personal and professional lives there are multiple places on and off campus connected to this station. Ms. Seanne Wilson, women's center coordinator, will be the face you see when you walk in the door.

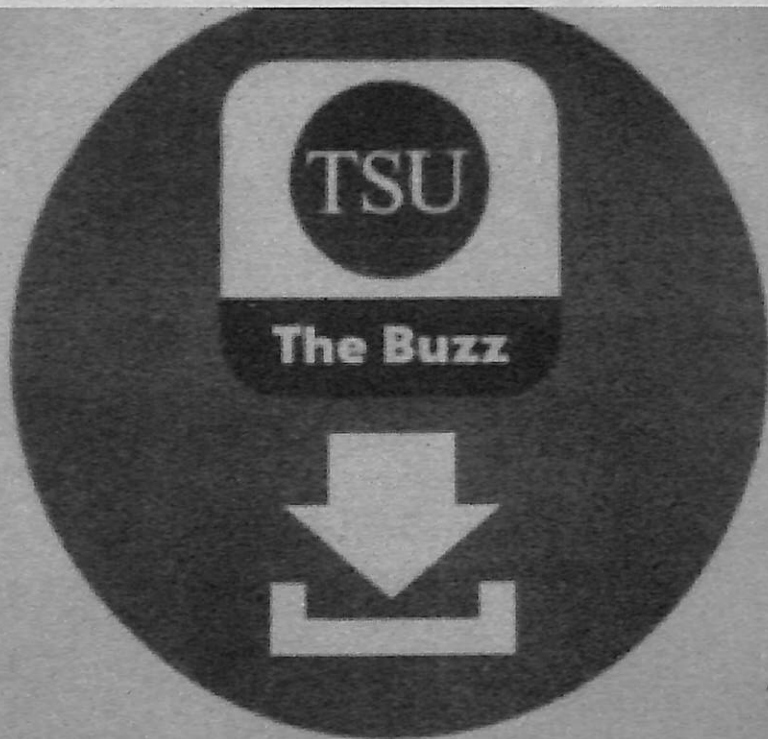
"Right now we are busy trying to book the speaker for the Women of Legend and Merritt award dinner being held March 22. We already have five incredible, talented, beautiful woman as honorees," Wilson said, "and there are so many more events we are putting on this semester; a lot of on-campus organizations are signing up to collaborate with us this semester, and I'm so excited."

Along with this annual dinner, the women's center has young women to hosts at special events around the city to help them network. They also have a 'closet' full of business profession-



al and business casual dress for young ladies that need help looking nice for interviews or other occupational involved events. The women's center is also linked to groups such as Linked to Excellence and She Is, both female mentoring organizations.

"Community outreach, education, mentoring and most importantly empowerment," Wilson said, "are what the women's center is all about and all the women that participate are grown, successful women that will show the young ladies on campus what they have to do to be successful and stay successful."



**TAP INTO WHAT'S HAPPENING ON CAMPUS AND BEYOND.**

Download The Buzz: Tennessee State University app and keep tabs on national headlines, local news and events around campus.

Download the free app.



Smarter. Faster. More Colorful.



## Congratulations Mr. TSU!



Delvakio Brown was named First Runner Up and Mr. Oratory for the 2016 Mister HBCU Pageant in Jefferson City, MO on February 6.



# Freshmen, Fresh Faces

By Shayla Simmons  
Meter Staff Writer

While racking the brain trying to find the first candidate for excellence, eventually I came to realize that the best place might be to start from the bottom up. By the bottom up I mean a fresh face, untapped potential, a diamond hidden in the rough if you will. Yes, this best describes TSU's freshman class who just recently entered their second semester. In such a short amount of time, a plethora of students have begun to lay the foundations of excellence in leadership, academia and athletics.

The search led me to Kirsten Beverly. Though officially classified as a sophomore, Beverly first stepped onto campus this past August, along with many others. Hailing from Clinton, Maryland, the young woman came prepared to take the world by storm.

"Of course I was nervous moving so far from home, but regardless, I had to remember why I was here," said Beverly.

As a student at one of the few schools that offered a dental hygiene program, she was more than excited to take on anything that her professors



Freshman Kirsten Beverly

threw at her.

"By working towards becoming a member of the dental hygiene program,

I can gain much needed hands-on experience which will be helpful when I enter into dental school," Kirsten com-

mented, "It will be more than beneficial since I hope to become a pediatric dentist for low-income families and children with special needs."

When asked about her accomplishments both in and out of the classroom, she first mentioned her role as the freshman class treasurer, a position of SGA and a coveted spot on the Dean's list in her first semester. But after a little more digging, it was also discovered that she was a new recipient of the Girl Scout's GOLD award, the highest achievement presented by the organization that prides itself on its community service.

The short interview concluded with one final question: What advice would you have for your peers and those that will make up the class of 2020?

Her response was surprising yet oddly refreshing.

"College is one of the few times that you can be completely selfish. Take advantage of it and take risks. Chase every dream you have because this is the time to do it. Never be afraid of the world. Know and remember that rejection is not a dead end. That's what I wish I knew coming in."

## Congratulations

to former TSU  
offensive guard  
Robert Myers  
on winning  
Super Bowl 50.



Myers continues in the  
rich tradition of TSU  
players who go to the Super Bowl.

The Denver Broncos beat  
the Carolina Panthers 24-10.

**SUPER BOWL**  
Congratulations on the team's victory!

## THE METER STAFF

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## THE METER

Missed an issue of  
The Meter during the Fall semester?

New to the campus?

Go to [www.tsuthemeter.com](http://www.tsuthemeter.com)  
to see what you missed.

And check each week for news updates to know  
what everyone's talking about on the campus.



# TSU is a Smoke Free Campus

By Ada Taylor  
Meter Staff Writer

Social smoking IS smoking. This is the headliner of one of the pamphlets given out at The Great American Smokeout that took place last semester, and it is a message that needs to be told time and time again. You may ask why, but it is a little known fact that students are more likely to begin smoking during young adulthood. African American students in particular are most likely to start smoking between the ages of 18 and 25, and the majority of these students' first time smoking will be with their friends.

These students tend to say they do not smoke, claiming that they will only use tobacco products when they are with friends. However social smoking IS smoking, and smoking a pack a day or one cigarette per week will lead to the same life-threatening

**"African American students in particular are most likely to start smoking between the ages of 18 and 25"**

diseases. In fact, the top three killers of black people in America are heart disease, cancer and stroke, all of which can be the result of smoking. It is for this reason that Tennessee State University became a No-Smoke Campus. Unfortunately, the majority of other HBCUs do not have a 100% smoke-free policy, but this was all the more reason for TSU to take the initiative.

In addition to declaring ourselves a smoke-free campus, TSU will also be participating in Tennessee's statewide campaign "It's Quitting Time" beginning February 22. This will help to get the message outside the borders of our campus, but our campus is still what's key. This is why the Great American Smokeout took place last semester, an event where TSU partnered with the Metro Nashville Department of Health in order to make students more aware of the



damage caused by smoking. Remarkably, they were able to get 139 people to sign pledges not to smoke and in just two hours.

Dr. Greene, principle investigator of this project, says that "more enforcement, signage and educational programs" could also help, as well as "making people more aware of smoking cessation resources."

One way of doing this has been through Student Health Facilitators, who created an Instagram in order to connect with fellow students and share further information. You can follow them at @tsu\_tobacco\_free.

**"The top three killers of black people in America are heart disease, cancer and stroke, all of which can be the result of smoking."**



## Career Development Center Calendar of Main Events Spring 2016

Website: [www.tnstate.edu/careers](http://www.tnstate.edu/careers)  
Phone: 615-963-7527  
Twitter: [twitter.com/tsucdc](https://twitter.com/tsucdc)  
Facebook: [facebook.com/tsucdc](https://facebook.com/tsucdc)  
Instagram: [instagram.com/tsucdc](https://instagram.com/tsucdc)



- 11- Black is Beautiful: Financial Literacy/4:00 p.m./ FPCC Room 302
- 24- Reverse Career Fair/2:00 p.m.-4:00 p.m./Kean Hall



- 4- Major Decisions Fair/10:00 a.m.-12:00 p.m./ Location: TBD
- 23- Career Meet-up - Resume Ready/Career Development Center



- 5-8 Senior Success Week
- 5- Breakfast, Brag, and Brand/8:30 a.m.-10:00 a.m./FPCC 302
- 5- Professional Development Check (Resumes, Business Cards)
- 6- Nashville Area Career Fair and LinkedIn Photo Shoot/10:00 a.m.-3:00 p.m./Tennessee State Fairgrounds
- 7- Entertainment Industry College Outreach Conference/1:00 p.m.-5:00 p.m./FPCC Forum
- 8- Graduate and Professional School Search Strategies/By appointment/Career Development Center

### "Excellence is Our Habit" Focus: Professionalism

Additional Spring 2016 Upcoming Events include: LinkedIn Presentation & Photo Shoot  
TigerTRACK Training \* On-Campus Interviews \* Corporate Information Sessions  
Please visit the Career Development Center for additional dates, times, and locations of career and professional development events

Event dates, times, and locations are subject to revision

## A Healthier Ford is Here

By Keimonee Burford  
Meter Staff Writer

Ford Apartment Complex has started a program called Healthy Ford to help students better their health by eating healthy and working out. Being healthy is something that has become a huge epidemic in our country. With the high rates of obesity and diabetes, feel that we cannot just sit back and let this problem continue.

The Healthy Ford program has many components including workout room and healthy food choices. The workout area, located in the Ford Directory Building, is equipped with treadmills, bikes, elliptical machines, and a few other things to ensure a great work out. Different healthy recipes throughout the room provide a guideline and idea on better

eating habits. While working out, occasional food sampling of different recipes will occur. Health workshops, fitness workouts and healthy food demonstrations will be coming soon. Make sure to always be on the lookout because you will never know when something yummy and free could be coming your way.

Beyond the workout and the food, the program uses five TSU students to serve as public health interns. The interns and their team leader, Carl Darnell, residence director of Ford Apartments, goal is assist in the development of a healthy lifestyle.

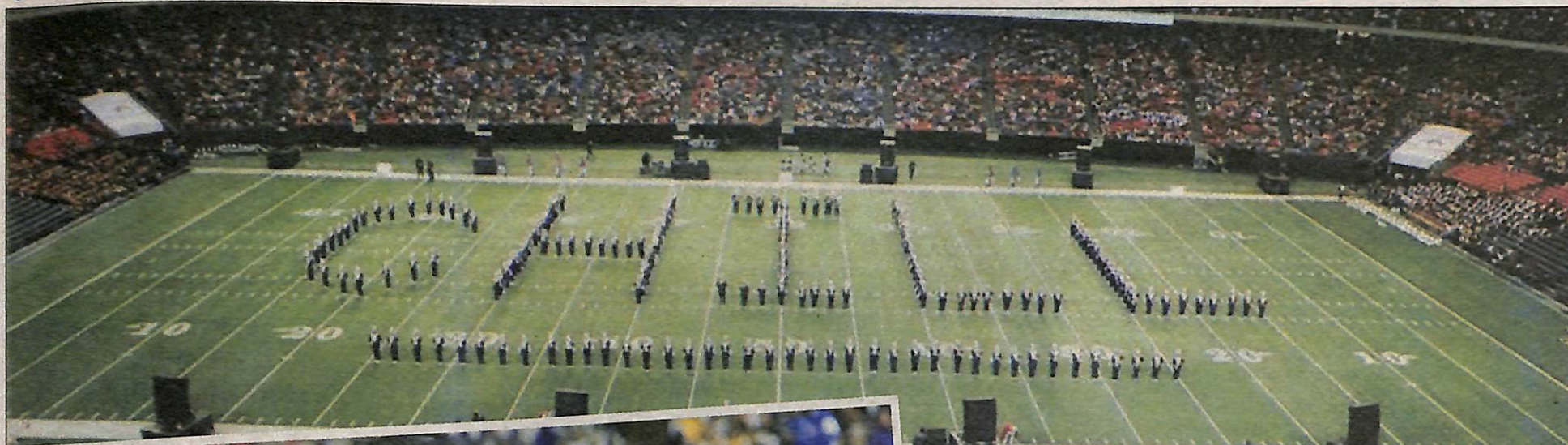
For more information about exercises, nutrition or health related concerns, or even if you want to be involved, please email [Healthyford@gmail.com](mailto:Healthyford@gmail.com)



Look for the  
next issue of  
**THE METER**  
March 3, 2016



# AOB Takes on the HBOB!



The Aristocrat of Bands shows out once again as one of eight college bands to perform at The Honda Battle of the Bands. This event was created to support and recognize the marching bands and academic excellence of HBCUs. You can see a video of the school receiving a check for \$20,000 at [tsuthemeter.com](http://tsuthemeter.com)



## TENNESSEE STATE UNIVERSITY

The **POWER** of taking a stand leads to another historic moment...



April 4, 2008 marked the 40th anniversary of the death of Dr. Martin Luther King, Jr., a champion of equality and civil rights for all. The 40-year milestone was given added significance when Tennessee State University awarded honorary degrees to 14 students expelled in 1961 for leaving school to participate as "Freedom Riders." America was profoundly affected and changed forever by the courageous acts of Dr. King and The Freedom Riders. We proudly recognize their bravery and contributions to the Civil Rights Movement.

Visit [www.tnstate.edu](http://www.tnstate.edu) for TSU Black History Month news and events.



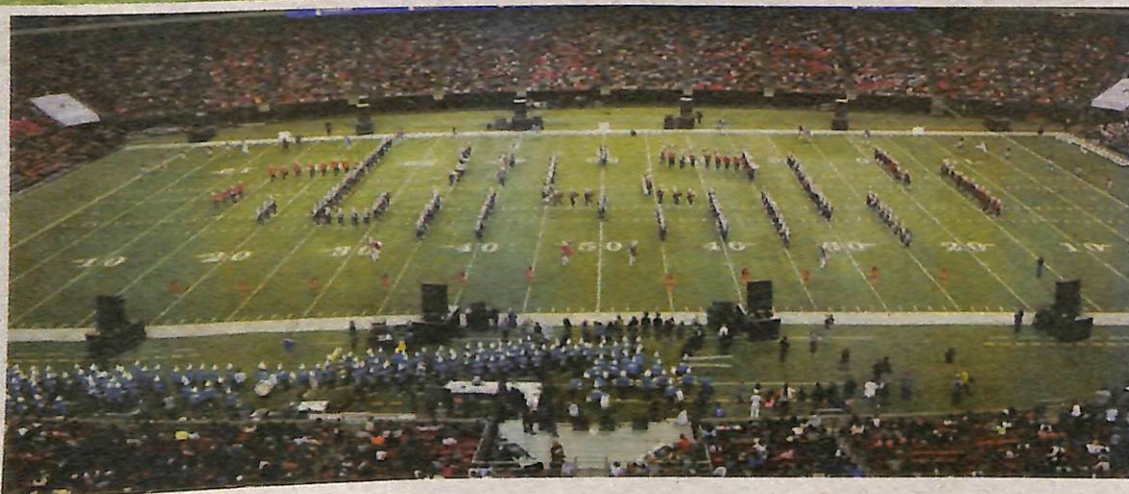
TENNESSEE  
STATE UNIVERSITY  
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*Excellence*  
is our Habit!

With more than 9,000 students, Tennessee State University, founded in 1912, is Nashville's only public university, and is a comprehensive, urban, co-educational, land-grant university offering two associate's, 38 bachelor's, 24 graduate and seven doctoral degrees.



**Dr. Glenda Glover**  
President, Tennessee State University





# TSU Wins 2016 Andrew Heiskell Award for Innovation in International Education

NASHVILLE, Tenn. (TSU News Service) — Tennessee State University is being recognized nationally for innovation in international education.

It is one of five higher education institutions across the nation to win this year's IIE Andrew Heiskell Award.

The award showcases the most innovative and successful models for internationalizing the campus, study abroad, and international partnership programs in practice today. It emphasizes initiatives that remove institutional barriers and broaden the base of participation in international teaching and learning on campus.

For the first time, IIE presented a special award in the category of internationalizing Historically Black Colleges and Universities, with the inaugural award going to TSU for its Diversity and International Affairs initiative.

"We are extremely proud to receive this honor, as it speaks to the exceptional work and importance of the Office of Diversity and International Affairs at our institution," said TSU President Glenda Glover. "ODIA has done an outstanding job cultivating the international student experience into campus life at TSU. Just as important, the staff has strategically implemented international exchange programs with our academic units to ensure students are prepared to succeed in the global market."

In 2012, TSU had 79 International students, 36 students participating in study abroad, and one faculty member leading a study-abroad experience, according to the Office of Diversity and International Affairs. Campus leadership created the office to provide cultural collaborative initiatives that support TSU's strategic goals in producing global leaders. The results have shown the new initiative to be a rapid and astonishing success. In three years, TSU's international ef-



Students and Faculty studying abroad

orts grew to hosting 900 International students; helping 121 students take part in study abroad experiences; enabling 12 faculty members leading study abroad experiences with support from four staff members; entering into MOU's with 26 universities abroad; and signing a commitment with IIE's Generation Study Abroad initiative.

"It is a tremendous honor to receive this award," said Dr. Jewell G. Winn, TSU's executive director for International Programs and deputy chief diversity officer. "And the fact that we're the first to be recognized in this new category, makes it even more special."

IIE President and CEO Dr. Allan E. Goodman said all the programs being honored are worth emulating.

"We recommend these programs as models, and hope they will offer inspiration as well as guidance to professionals on other campuses who share the goal of preparing their students to live and work in today's global environment," Goodman said.

IIE will present the awards at a ceremony in California on March 11, 2016 as part of its annual Best Practices in Internationalization Conference for campus professionals, which will be held this year at the University of California, Davis.

## Higher Education Commission Initiates Harold Love Award

By Martavious Morton  
Meter Staff Writer

The Higher Education Commission in the State of Tennessee has begun preparations to initiate the 2016 Harold Love Outstanding Community Service Award programs. It includes two programs that recognize outstanding community service performed at the campus level by students and faculty/staff.

Five students and five faculty or staff members will be selected to receive the \$1,000 award. However, in order to receive this prestigious award you must meet the qualifications of proper involvement in the community.

- Nominees must have demonstrated public service to the community as defined by the respective institution's role and mission, as well as service to the institution itself.

- An evaluation of the nominee's effectiveness shall be judged by his/her impact on individuals, groups, or organizations served.

- Each nomination should be accompanied by a complete and careful documentation of the candidate's public service contribution.

- Lastly, a letter of nomination from the President/Chancellor of the institution should be forwarded with the material.

Nominations must be received by the committee no later than Thursday, March 10, in order to allow sufficient time for review. The deadline cannot be extended due to the volume of nominations received. The recipients will be selected on April 4. For more information call or write:

Ms. Lovella Sigler  
Community Involvement Awards  
TN Higher Education Commission  
404 James Robertson Pkwy, Ste 1900  
Nashville TN 37243-0830  
615/741-7562 Phone  
615/741-6230 Fax

If you feel that you are a good nominee or know of a student, faculty, or staff member who is involved in community service, submit a nomination.

## Top 15 Novels for Black History Month

The time of the year where Black people celebrate our heritage and our ancestors' triumph is finally here. Black History Month has arrived, and this is the perfect time for African American people to educate themselves and learn about other historical normal events that have occurred throughout history that has not made it on the movie screen or in TIME magazine.

The perfect way of that happening is by reading a book. Here are the top fifteen must read novels for the month of February for black students.

1. Octavia Butler's *Kindred*
2. Ann Petry's *The Street*
3. Richard Wright's *Black Boy*
4. Ernest J Gaines' *A Lesson Before Dying*
5. Toni Morrison's *The Bluest Eye*
6. Natalie Baszile's *Queen Sugar*

7. Toni Morrison's *God Help the Child*
8. Ta-Nehisi Coates' *Between the World and Me*
9. Margo Jefferson's *Negroland*
10. Matt Johnson's *Loving Day*
11. Sister Souljah's *A Moment of Silence*
12. Paul Beatty's *The Sellout*
13. Dolen Perkins-Valdez's *Balm*
14. Damon Tweedy's *Black Man In A White Coat*

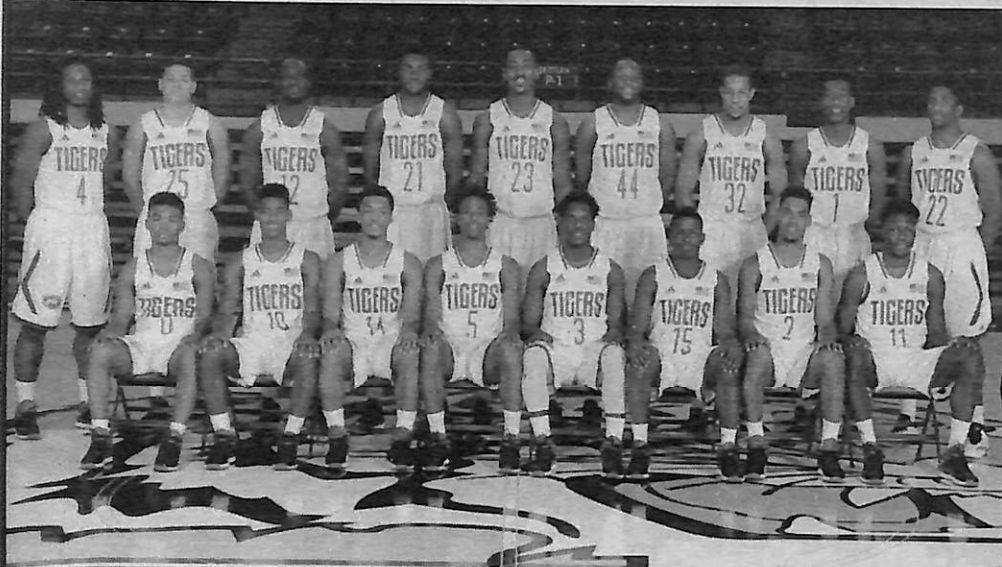
15. Ralph Ellison's *Invisible Man*

Books are the keys to success and these books will help you get in touch with inner black side this month. Do not get overwhelmed; research the books yourselves. However, each book has a different story, and you never know one story may be the reflection of your story in life.



# MENS BASKETBALL SCHEDULE 2015-2016

DATE	OPPONENT	TIME
Feb. 13	at Eastern Kentucky	1 p.m.
Feb. 18	at Morehead St.	6 p.m.
Feb. 20	Jacksonville St. Courtside Dining	7:30 p.m.
Feb. 25	at UT Martin	6 p.m.
Feb. 28	Belmont Senior Day/Faculty Appreciation	2:30 p.m.
Mar 2	Ohio Valley Conference Tournament	TBA



# WOMENS BASKETBALL SCHEDULE 2015-2016

DATE	OPPONENT	TIME
FEB 13 SAT	at Eastern Kentucky	4 p.m.
FEB 20 SAT	Jacksonville State	5:30 p.m.
FEB 24 WED	at Morehead State	6 p.m.
FEB 28 SUN	Belmont	noon
MAR 2 WED	OVC Tournament	TBD



## Valentine's Day on a College Student's Budget

Looking to make Valentine's Day special, but don't have enough fund? Here are some inexpensive date ideas for college students on a budget.

**Picnic on Love Circle** - Love Circle, located in Hillsboro West End, provides a great lookout over the city and a romantic feel for the two of you. Add a few sandwiches and drinks, and you're all set!

**Go out for Dessert** - If you have a sweet tooth, opt out of spending a lot of money on a main course, and go straight for the dessert. Many restaurants offer dessert for an inexpensive price. This way,

you can still go out, but not have to spend as much money.

**Explore downtown Nashville** - It's free to walk along Broadway and other close streets, and still be very entertained. You never know what you might see.

**Stay in and watch a movie** -

The point of Valentine's Day is to spend time with the

one you love;

it shouldn't

matter

where or

how. So just

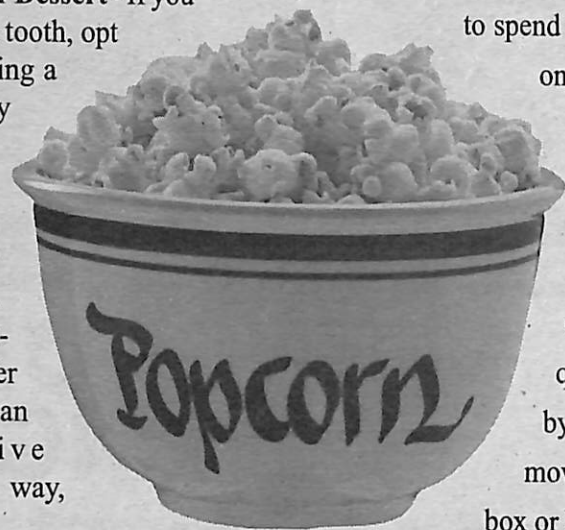
enjoy the

quality time

by just getting a

movie from Red-

box or Netflix.





# OFFICE OF STUDENT ACTIVITIES TENNESSEE STATE UNIVERSITY



## OFFICE OF STUDENT ACTIVITIES SPRING 2016 PROGRAMS

- February 15** Student Union Board of Governors Informational 7:00PM
- February 16-18** TSU Film Series 7:00 PM - Floyd-Payne Campus Center, Forum w/ International Black Film Festival of Nashville & TSU Communications
- February 22** SUBG Packets Due 4:30 PM - OSA Suite
- February 24** African American Business Vendors' Fair  
11:00 PM – 1:00 – Courtyard Wednesday's  
Floyd-Payne Campus Center Lobby
- February 27** Civil Rights Road Trip  
Birmingham Civil Rights Institute, Birmingham, AL

### MARCH

- March 1-4** Student Study Week
- March 7-11** Midterm Exam Week
- March 14-18** Spring Break
- March 23** March Madness (basketball tournament with all orgs) (Tentative)
- March 23-25** Sigma Gamma Rho Sorority, Inc. Week
- March 28-30** Zeta Phi Beta Sorority, Inc. Week

### APRIL

- April 3-9** SEC Week – Student Elections Commission Campaign Week
- April 13** HBCU Denim Day 4th Annual Balloon Dedication  
Floyd-Payne Campus Center Courtyard
- April 17-19** Alpha Kappa Alpha Sorority, Inc. Week
- April 20** Tiger Fest 11:00 AM-3:00 PM  
Floyd-Payne Campus Center Courtyard
- April 20** Spring Concert (TBA)
- April 21** OSCARS Awards Banquet – 6:00 PM  
Kean Hall Gym
- April 21-22** Omega Psi Phi Fraternity, Inc. Week
- April 22** End of the Year Reports Due from ALL registered organizations
- April 23** Collegiate All Star Step Show (TBA)

### MAY

- May 2-6** Final Exams